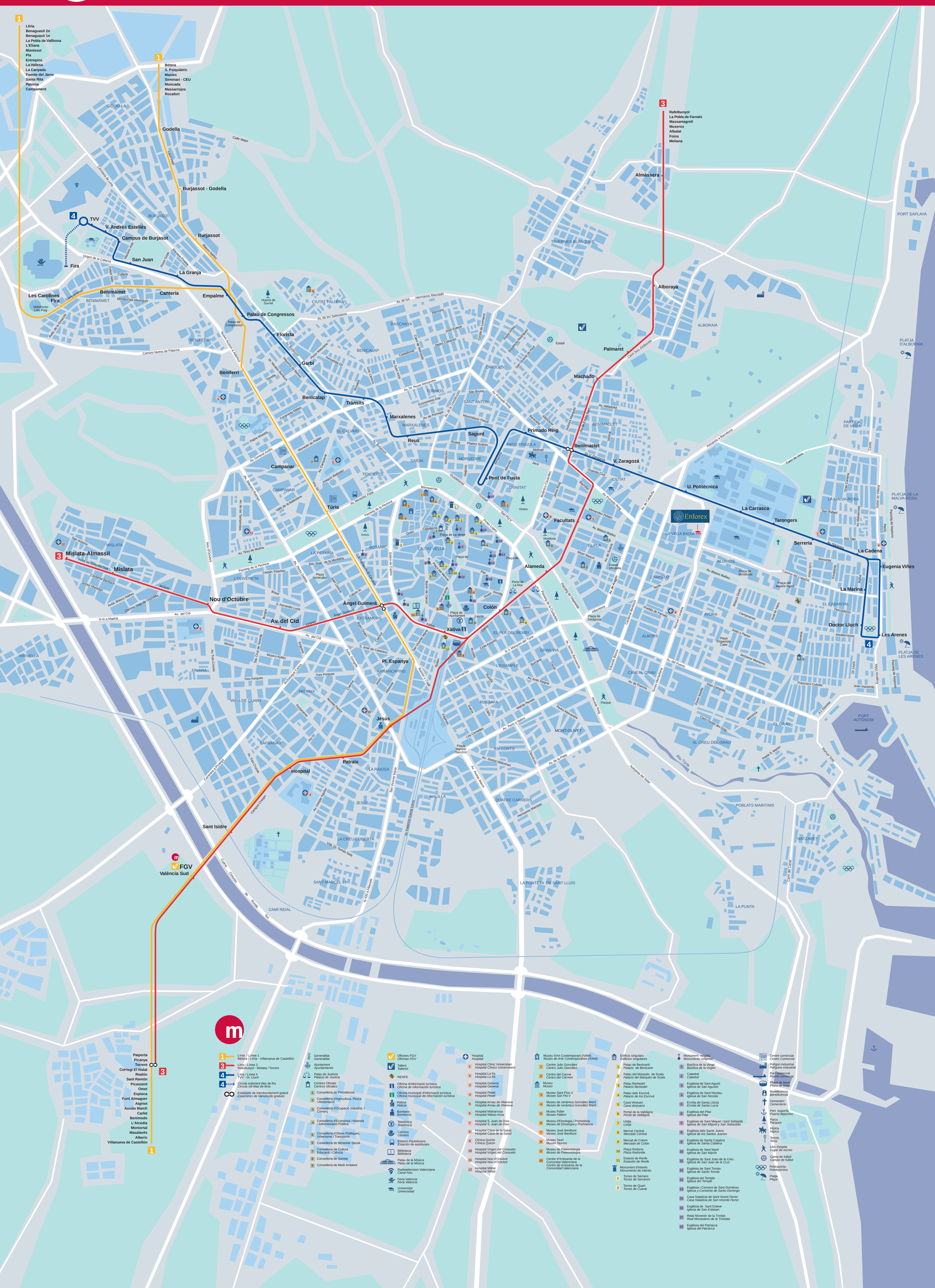Plànol centre urbà